Chevron stitch is a surface embroidery stitch as well as a stitch used in smocking.

Work from left to right on two imaginary lines.

L Bring the thread from the back of the fabric on the left of the top line.

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Notes

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Fabric:

Needle:

On the same line, move right and insert the needle with the tip pointing left to have it emerge in the middle as illustrated. Pull the needle through to make a small stitch.

Take the needle diagonally down to the bottom line and insert it. Point the needle left to take it back along the line as illustrated.

Pull your needle through and take your needle to the right. Keep your needle pointing left to make the foot of the stitch, by inserting your needle as illustrated and having it emerge at the base of the diagonal stitch.

Take your needle to the top line and repeat the process again. Work this way along the row alternating up and down.

Uses and application for this stitch:

Decorative: Can be worked as single lines but rows of Chevron stitch worked closely together produce a lattice effect, which makes a good filling for large areas.



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Cretan stitch fa

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 / With couching, a surface thread is laid on the fabric, and anchored using a second thread.I have used a contrasting thread so the couching can be seen but normally you would match the colour. Use a large eyed needle to bring the heavy thread through the fabric. Using a finer needle and thread at regular intervals make small, straight stitches over the thick thread to secure it to the fabric. Work in this way until you have com- pleted the line or filled the area. Take the end of heavy thread to the back of the fabric using a large eyed needle. Secure both ends with small stitches using the fine thread. Do not clip the heavy thread too close, otherwise it will pop up to the surface. 	<image/>
<pre>otherwise it will pop up to the surface.</pre>	



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